

FREE STARTER PACK

# 5 Montessori Activities *Your Child Will Love*

Print-at-home activities designed for ages 2–6.  
No prep stress. No special supplies. Just beautiful,  
purposeful play.



Ages 2–6

Print at Home

Montessori-Aligned

No Prep Needed

5 Activities

# Sensory Sorting *Tray*

Build concentration, fine motor control, and early classification skills through hands-on sorting with natural objects.

## WHAT YOU NEED

- ✦ A shallow wooden tray or baking dish
- ✦ 2–3 small bowls or muffin tins
- ✦ Natural objects to sort (acorns, pebbles, shells, dried beans, pinecones)
- ✦ A small spoon or tongs (optional, for older toddlers)



TRAY SETUP

## HOW TO DO IT

- 1 Place all objects mixed together on the tray. Set the empty bowls alongside.
- 2 Invite your child: *"I wonder if we can sort these by what they feel like."*
- 3 Demonstrate placing one object slowly into a bowl. Then step back and watch.
- 4 Allow your child to work independently. Resist the urge to correct.
- 5 When finished, invite them to tip everything back and try again, or vary the sorting rule.

### ✦ MONTESSORI TIP

*Avoid asking "Is that right?" or correcting mid-activity. The process of sorting — not the outcome — is where the learning lives. If your child creates their own sorting rule, that's independent thinking at work.*

# Nature Nomenclature *Cards*

Build vocabulary, reading readiness, and a love of the natural world with classic Montessori 3-part cards.

## WHAT YOU NEED

- ✦ This sheet printed and cut into cards
- ✦ Scissors
- ✦ A small basket or envelope to store cards
- ✦ Optional: laminator for durability



3-PART CARD LAYOUT

## HOW TO DO IT

- 1 Cut out the picture cards, label cards, and control cards (picture + label together).
- 2 Lay out the picture cards in a column. Say each name slowly and clearly as you place them.
- 3 Mix up the label cards. Ask your child to match each label to its picture.
- 4 Once matched, use the control cards to self-check (child checks their own work).
- 5 Repeat over several days. Introduce new vocabulary sets when they're ready.

### ✦ MONTESSORI TIP

*Use a 3-period lesson: "This is oak." → "Show me oak." → "What is this?" Move at your child's pace. Some children need many repetitions before the third period; that's completely normal and healthy.*

# Practical Life: *Folding Cloth*

Practical life activities build the independence, focus, and hand-eye coordination that underpin all future learning.

## WHAT YOU NEED

- ✦ 3–4 small cloths or napkins (similar size)
- ✦ A small basket or tray to hold them
- ✦ A low table at your child's height
- ✦ A fold-line guide (printed below, or drawn with a washable marker)



FOLDING SEQUENCE

## HOW TO DO IT

- 1 Place an unfolded cloth flat on the table. Smooth it out with both hands.
- 2 Demonstrate folding in half, slowly matching corner to corner. Press along the fold.
- 3 Unfold. Invite your child to try. Place the fold-line guide underneath to help.
- 4 Progress to folding in quarters, then a triangle, as confidence grows.
- 5 Place each folded cloth in the basket. The tidy result is its own reward.

### ✦ MONTESSORI TIP

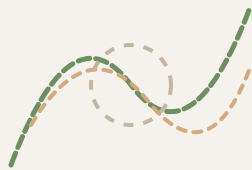
*Demonstrate in silence first, then repeat with narration. Slow, deliberate movements give young children time to absorb each step. Never take the cloth back to "fix" it — the imperfect fold is perfect practice.*

# Tracing & *Fine Motor* Pages

Prepare the hand for writing through curved lines, spirals, and nature-inspired patterns — without the pressure of letters.

## WHAT YOU NEED

- ✦ This page printed (or use as a guide)
- ✦ A thick pencil, crayon, or chunky marker
- ✦ A light box or window (optional, for tracing)
- ✦ A small tray of sand as an alternative surface



CURVED LINE PRACTICE

## HOW TO DO IT

- 1 Start with large, sweeping curves before spirals. Trace the path with your finger first.
- 2 Let your child choose their tool — a crayon or thick pencil is ideal for young hands.
- 3 Trace slowly, narrating: *"We follow the line all the way around."*
- 4 For sand tray: draw a line in the sand and invite them to trace it with one finger.
- 5 Print multiple copies — practice over many days builds true muscle memory.

### ✦ MONTESSORI TIP

*Tracing curved lines before straight ones mirrors how the Montessori metal insets work — curves are easier for young hands to control. Celebrate effort with: "You worked so hard on that line!" rather than evaluating the result.*

# Counting with *Natural Objects*

Introduce quantity, number symbols, and one-to-one correspondence through beautiful, concrete materials from the natural world.

## WHAT YOU NEED

- ✦ 10 natural counters (acorns, stones, or large dried beans)
- ✦ Number cards printed from this page (1–10)
- ✦ A felt mat or tray to define the workspace
- ✦ Optional: a small bowl for each number



ACORN COUNTERS 1–10

## HOW TO DO IT

- 1 Lay out number cards 1–5 in a row. Point to each and say its name once.
- 2 Count out 1 acorn and place it below the "1" card. Move deliberately, one at a time.
- 3 Invite your child to continue — placing the right number of objects under each card.
- 4 Once confident with 1–5, introduce 6–10. Never rush to add more numbers.
- 5 Vary the counters over days — pebbles, buttons, shells — to keep it fresh.

### ✦ MONTESSORI TIP

*Avoid quizzing ("How many is that?") during the activity. Instead, count aloud together as you place each object. The goal is a deep, embodied sense of quantity — not a performance of knowledge.*



## You're ready to *begin*.

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Each of these activities can be repeated dozens of times — children learn through repetition, and the joy never fades. Rotate them through the week, keep materials simple, and follow your child's lead.

The most important thing you can do is slow down, observe, and trust that your child is doing exactly what they need to do.

**WANT 25 MORE ACTIVITIES?**

### **The Complete 30+ Activity Pack**

Everything in this free pack — plus 25 more activities covering practical life, sensory bins, language cards, math materials, and cultural science. All print-at-home, all Montessori-aligned.

- ✦ 30+ activities across 6 developmental areas
- ✦ Instant PDF download after purchase
- ✦ Print as many times as you like
- ✦ Designed for ages 2–6

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